

# Report 2015-16

The summary of the financial details for the first year of Animal Yoga's activity (AY = Animal Yoga) can be found below. *No financial reimbursements/payments have yet been made to any committee members/teachers.*

## **Financial Summary**

(see boxes below for details)

<b>Total incomings (from services) for year</b>	<b>1236.5</b>
<b>Total incomings (from donations) for year</b>	<b>700</b>
<b>Total outgoings for year</b>	<b>1052.38</b>
<b>Net profit</b>	<b>884.12</b>
<b>40% donation to animal charity</b>	<b>353.648</b>
<b>Post donation takings (to remain in AY account)</b>	<b>530.472</b>
<b>Any tax?</b>	-

### **Incomings:**

- Specialisation Teacher Training (£395)
- AY Adult classes (£196.50)
- AY Kids classes (£515)
- Workshops (£115)
- Chanting Cards (£15)
- Donation from Jenny Mace (£700)

### **Outgoings:**

- Website construction (£500)
- Banner production (£76.80)
- Sanskrit translations (£108)
- Printing flyers/training materials (£50)
- Facebook promotions (£20)
- Car prints (£42)
- Venue hire (£153)
- Chanting cards production (£102.58)

## **Activity Summary**

Animal Yoga exhibited at Eastbourne's first ever Yoga Show. A taster class of Animal Yoga was offered at London's Om Yoga Show. Animal Yoga featured in four separate retreat groups with [Rustic Retreats](#). Weekly adult classes were held in a stunning yurt and at The Yoga-Life Studio, both in/near Eastbourne, East Sussex. One Restorative Animal Yoga Workshop has been held in Meads, East Sussex, one Animal Yoga Workshop in London and one in Eastbourne. There has also been a weekly Animal Yoga for Kids class. Three boxes of Animal Yoga Chanting Cards have been sold. Three new Animal Yoga Teachers have been trained in the initiative, including one teacher from Germany. Glowing feedback is being collated from each session held. Animal Yoga shared Animal Yoga chants at Sally Sampson's Kirtan evening. The first AGM has been held. The AY Facebook group and website is being kept updated at a fairly steady and consistent basis. A Facebook group just for AY Teachers has also been created.



## Future Prospects

The year 2016-17 may take a little while to get going due to the main address of Animal Yoga changing from the South of the UK to Scotland! It will be great to begin sharing the initiative more northward in the country. Applications have already been made for Animal Yoga to feature at the Om Yoga Show in Glasgow in March 2017 and at the Independent Yoga Festival in Norfolk in June 2017. Animal Yoga will feature once again in April 2017 at [Rustic Retreats](#) (exact dates TBC) and at another time later in 2017 too. It's a great platform through which to share Animal Yoga with people from across the world. Now that there are more Animal Yoga Teachers after our first Specialisation Training, we may see some new sessions/workshops popping up... and of course we shall look toward arranging another weekend of Specialisation Training so more yoga teachers can be part of this initiative if they feel moved to be (likely to be in Scotland). An Animal Yoga-inspired trip/pilgrimage (over land) to India/Asia (personally funded: not through Animal Yoga funds) is being planned for early 2017. The trip will include a tour of at least some of the areas where there is a focus on the animal presence within the philosophy/culture – especially in terms of ahimsa – with more research into this and volunteering with an animal charity.