

Report 2016-17

The summary of the financial details for the second year of Animal Yoga's activity (AY = Animal Yoga) can be found below (April 2016 to end of May 2017). *No financial reimbursements/payments have yet been made to any committee members.*

Financial Summary

(see boxes below for details)

Total central incomings (from services) for year	£560
Total outgoings for year	(covered by personal funds of Founder)
Net profit	£560
40% donation to animal charity	£224
Total incomings (from one-off donors) for year	£60
40% donations from AY teachers' activities	£146
TOTAL donations from AY activity	£430
Post donation takings (to remain in AY account)	£306
Any tax?	-

Central Incomings:

- Face-to-Face Specialisation Teacher Training (£480)
- Online Specialisation Teacher Training (£55)
- Workshops (£25)

AY Teacher Activities:

- Penny Fletcher (Kent) £100 – AY workshop
- Iris Weiche (Germany) £46 – two AY classes

Activity Summary

- Animal Yoga was invited to feature at Europe's oldest and biggest vegan festival as it arrived in London for the first time (VeggieWorld).
- Animal Yoga once again featured in two separate retreat groups with [Rustic Retreats](#). Both of these activities were promotional in nature with no funds switching hands.
- Three new Animal Yoga Teachers joined the Animal Yoga teaching community, including one further mainland Europe teacher from Hungary.
- Glowing feedback is being collated from each session held.
- The committee members have moved to Scotland and have taken on full-time studies. This



has slowed activities somewhat but is serving the wider cause of animal welfare.

- No other people have joined the committee thus far.
- The very first online AY Specialisation Training was completed hugely successfully (involving a part exchange of promotional time).
- A mini course exploring the animal element within yoga is now being offered to yoga students (non yoga teachers).
- There have been discussions with some academics; there is potential for the undertaking of a research project concerning the animal element within yoga.

Future Prospects

- Collaboration between AY teachers is likely (e.g., hosting a joint workshop) so as to reach a wider audience and utilise both teachers' strengths.
- Animal Yoga is attending several animal-themed events (e.g., animal awareness/welfare conferences).
- Animal Yoga will feature once again in June 2018 at [Rustic Retreats](#). It's a great platform through which to share Animal Yoga with people from across the world.
- More promotional energy will be put into the Online Specialisation Training and the mini course for non yoga teachers.
- Time will be taken to thoroughly reference the AY Teacher Catalogue and parts of the website.
- Now that there are more Animal Yoga Teachers after our first Specialisation Training, we may see some new sessions/workshops popping up... and of course we shall look toward arranging another weekend of Specialisation Training so more yoga teachers can be part of this initiative if they feel moved to be (likely to be in Scotland).
- An Animal Yoga-inspired trip/pilgrimage (over land) to India/Asia (personally funded: not through Animal Yoga funds) is still in the pipeline. The trip will include a tour of at least some of the areas where there is a focus on the animal presence within the philosophy/culture – especially in terms of ahimsa – with more research into this and volunteering with an animal charity.