

Report 2018-19

The summary of the financial details for the second year of Animalia Asana® activity (AA = Animalia Asana®) can be found below (April 2018 to April 2019). *No financial reimbursements/payments have yet been made to any committee members.*

Financial Summary

(see boxes below the table for further details)

	THIS YEAR
Total central incomings	£666
Total central outgoings	£12 (to Monimail Tower for space hire) Remaining funds covered by donations from AA founder, see box below)
Net income	£654
50% donation to animal charities	£327
50% (or more) donations from AA teachers' activities	£214
TOTAL donations from AA activity	£541
Post donation takings to be reinvested into AA (i.e., half of net income)	£327
Tax	N/a
AA community bank account balance	£691

AA Teacher Fundraising Activities and Donations:

- Iris Weiche (Germany) £108 – Dec 2018 workshop
- Balázs Czéh (Hungary) £106 – April 2018 AA classes

Central Incoming Fundraising Activities and Donations:

- Face-to-Face Specialisation Teacher Training in Spain, June 2018 (£314)
- Four kids taster classes, Scotland, £207 (includes travel reimbursements that teacher donated to AA)
- 29 one-off adult sessions, Scotland, £145

Central outgoings covered by Founder's donation to AA:

- Travel to and from kids sessions (approx. £60)
- Travel from Orgiva to Totana in Spain
- Hotel in Orgiva (£27)
- Wood for use in log fire in a yoga space

Activity Summary

- AA Specialisation Training took place in June 2018 in Spain at Semilla Yoga Permaculture.
- Four AA teachers (including two committee members) have been active in four countries (Hungary, Germany, Scotland and Spain).
- MSc thesis completed and awarded *Distinction* (title: UK yoga teachers' beliefs about animals and attitudes towards plant-based diets. It is published within the *Faunalytics* library. Since November 2018, slow efforts are being made in collaboration with staff at Winchester University to publish the research in a peer-reviewed journal. This is taking up the vast majority of central AA's time and delaying further dissemination of the results.
- Several new temporary sessions with kids and adults in Scotland.
- Numerous blogs regarding the animal element in yoga and connected topics have been written, including the 'spotlight on' series and the first AA newsletter.
- Committee member attended Decolonising Yoga training and began trying to draw the connections. Workshop with Jason Birch and Jacqueline Hargraeves was also attended.
- Committee member asked for application to talk at IYN's conference in October.
- AA teacher, Balázs Czéh, has organised 2019's AA training for September 2019 in Hungary, alongside a study retreat for practitioners.
- Additional Youtube videos created: Verbal introduction to AA, AA meditation and Caring for Activists session.
- Three mantras on SoundCloud.

Future Prospects

- AA committee member, Katie, has taken over Jenny's slot at Rustic Retreats (but now in June)
- Potential publication of research. If unsuccessful, at least there'll be another write-up of the paper with a different focus and at least a line can be drawn under it and focus further on further dissemination of the results in accessible formats.
- Potential AA event in London by Katie & Jenny in late September 2019
- Animalia Asana® is attending IYN's conference in October (maybe talking but unlikely).
- If a minimum of three bookings transpire, then specialisation training and study retreat will take place in Hungary in September 2019. AA teacher, Balázs, has translated all material into Hungarian!
- The plan is to re-commence the thorough referencing of the AA Teacher Catalogue and parts of the website and other training material after the research papers are complete (likely the end of this year).
- Writing an article and networking about how animal element in yoga connects with Decolonising Yoga efforts. Write up about workshop with Jason Birch.